

# you & your wedding

Work that  
**BUDGET!**

**468+**

*stylish ways  
to save*

**PLUS!**

3 WAYS TO THROW A

**£10K  
WEDDING**

**NAIL  
YOUR  
BIG DAY  
MANICURE**

*Dresses*  
TO FALL  
*in love*  
WITH

**KEEP  
EVERYONE  
HAPPY!**

*Mum,  
maids  
& your  
man*

**REAL WEDDING SPECIAL - CITY • COUNTRY • COAST**

IMMEDIATE  
MEDIA



9 770267 239154 07>

JULY/AUGUST 2014 £4.99

**THE  
BRIDE'S  
GO-TO  
GUIDE**

*for 30 years*

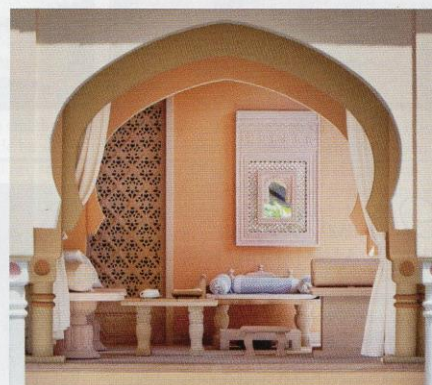
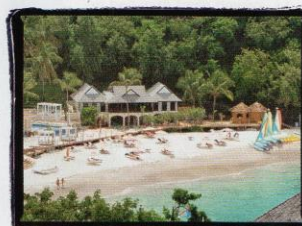






## Facial attraction ST LUCIA

A free daily spa treatment included in your package is a rare thing, so if you both fancy a distinctly hands-on honeymoon, The BodyHoliday in St Lucia has a towel dressing gown with your name on it. It's not all about robes and relaxation here though, if you can tear yourself away from the 47-room spa there are enough activities on offer to keep even the most restless of sunbathers happy. From sunrise yoga to night diving, you can pack your day from start to finish, not forgetting to save time for your daily treatment though. And don't be scared off by the name, The BodyHoliday isn't a boot camp in beach hotel disguise. This resort is all about indulging yourself, so the food is more fresh lobster and afternoon tea than mung beans and kale, and the exercise is of the fun variety – think waterskiing and tennis. *Seven nights' all-inclusive in a luxury room, incl. flights with Virgin Atlantic from London Gatwick and transfers from £1789pp, kuoni.co.uk. Prices based on September 2014 departure, two sharing.*



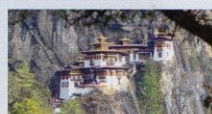
## 4 MORE OUT-OF-THIS-WORLD ALL-INCLUSIVES



**RANCH ROMANCE** Dunton Hot Springs in Colorado is great for adrenalin-fuelled fun like horse riding and kayaking. *Seven nights' full board, flights and car hire, from £5570pp (July departure), scottalunn.com*



**MAYAN MARVEL** At Royal Hideaway Playacar, on the Riviera Maya, you get six pools, six restaurants, a huge spa and endless water sports. *Seven nights incl. flights from £1438pp, kenwoodtravel.co.uk*



**EXOTIC EXPERIENCE** Trek undiscovered terrain in Amankora, Bhutan, before hitting the state-of-the-art spa. *Nine nights' all-inclusive incl. flights and two nights in India, from £7950pp, greavesindia.co.uk*



**SPA SENSATION** At Adler Thermae Spa Resort you can't fail to relax as you bliss out under the Tuscan sun. *One week from €2654 (around £2180), incl. access to the Aquae Spa, adler-thermae.com*

WORDS BY CATHY HOWES, HOLLIE BOND AND SIOBHAN WARWICKER. ADDITIONAL PHOTOGRAPHY: GETTY